



January 2026

Dear Parents and Guardians,

In an effort to assist in the monumental mission of protecting children from abuse, Saint Rose of Lima's Family Faith Formation is partnering with you to present safe environment lessons to your youth. It is our cherished role as adults to fully protect children. In addition, we must also teach children about their safety rights and boundaries, so that they have tools to protect themselves.

Like last year, your child will be presented with a program entitled *Empowering God's Children*, in which you will review with your child(ren) at home a safety lesson that includes a grade-appropriate video component along with a hands-on activity. The material is designed to better equip your child to know their rights, recognize their boundaries, and to empower them to protect themselves when safe adults are not immediately available—and ultimately be safer from people who might want to harm them. Youth will participate in the following lessons:

Lesson 3: Boundaries: You Have Rights!

Lesson 4: Secrets, Surprises and Promises

Parent/Guardian will present these lessons to their child(ren) in their own homes. The lesson plans, including a video and activity, will be provided via email and can also be found on our web-site. Additional information and resources on how to present this material to your children is also available on request.

Once the lessons are completed at home, we ask that you complete and return the acknowledgement form on the next page that can also be found on our web-site by its due date as we are responsible to report back to the archdiocese that our children have been educated.

There is NO "OPT OUT" option so parents are required to present these lessons to their children.

Any questions, please either email or call Rosemarie Sabatella at rsabatella@stroseshorthills.org or 973-379-3912.

Thank you again for your help and support of this important program.

Sr. Sandy DeMasi, SSJ.

Director of Liturgical Ministries & Faith Formation

CC: Very Rev. Larry Evans, II, V.F., Pastor

IMPORTANT: We must have a response from every family enrolled in our Faith Formation Program in order to remain in compliance with the Archdiocese of Newark's directives.





PARENT / GUARDIAN AGREEMENT

I, (name of parent/guardian) _____ certify that I am the parent/guardian and agree to present the information for the *Empowering God's Children Program Lessons 3 and 4 to my child(ren)*.

Lesson 3: Boundaries: You Have Rights!

Lesson 4: Secrets, Surprises and Promises

List all children's names and grades.

Return the **Parent Acknowledgment Form** after you have presented **both lessons** to your child(ren) to Rosemarie Sabatella. The videos and links to the online lessons have been emailed to you or they can be found on our web-site.

Child #1: _____ Grade: _____

Child #2: _____ Grade: _____

Child #3: _____ Grade: _____

Child #4: _____ Grade: _____

**Please note: there is no "Opt-out" option. Parents are required by the Archdiocese of Newark to provide these lessons to their children at home. We appreciate your cooperation and participation!

Parent Signature _____ Date _____

***Please print, sign and SCAN THIS PAGE TO:** Rosemarie Sabatella, Local Safe Environment Coordinator by email: rsabatella@stroseshorthills.org or drop off at the Parish Office Devine Center **by March 30, 2026.**

